

Women's Ministry Mentoring Program

Thank you for your interest in mentoring! As a Women's Ministry team, we want to assist in creating connections for the purpose of building spiritually encouraging relationships within our church. We acknowledge that mentoring is based on personal relationships and it is our goal to create a space for those relationships to form.

Below we have outlined some expectations and suggestions to help guide you over the next 6 months. If you have any questions or concerns, please don't hesitate to reach out! Susan Elder, Sierra Bolen, or Melody Sullivan would be glad to talk more with you.

Women wishing to be a mentor:

- Use the application link to provide your name, email, phone number for a directory that will be added to a working document. This will be shared electronically with anyone wishing to find a mentor.
- Be willing to receive and answer messages about scheduling a time to meet with a younger woman from the church.
- Commit to meeting with and praying for 1 or 2 women for 6 months
- Let a Women's Ministry team member know when you've matched up with someone and/or when you'd like to be removed from the list for a 6 month period or longer.

Women wishing to be mentored

- After receiving the mentor list, reach out to someone within 3 or 4 days! Let them know that you got their name from the mentoring list and ask them to meet you for coffee or a meal.
- Let them know that you'd like to spend some time getting to know them and learning from them.
- Choose a few dates to meet as regularly as it works for both people.
- Continue meeting with the same woman for the remainder of the 6th month time frame.
- Continuing, pausing, or ending your period of time together is something that you should talk about. Let the mentor know your hopes for the timeframe of your meetings. (Do you want to meet just the first half of the year? etc.)

Expectations

1. Each mentoring pair should include prayer and discussion of scripture and/or it's impact during their meet ups.
2. Mentors should be intentional about touching base and checking in with their mentee at least weekly. It could be just a quick text to ask for prayer requests!
3. Mentees should take the lead in asking questions, scheduling the next meet up, providing a desired end time for their mentoring.
4. The goal of our program is that mentees would eventually become mentors. Continuing the cycle of discipleship for the future of our church.

Suggestions!

- Work through Growing Together by Melissa Kruger
- **Prior to meeting, listen to this podcast!**
- Meet for meals, coffee, a walk, etc
- Include your families! Plan an outing together or visit at one of your homes
- Study a book of the bible
- Use the YouVersion Bible app and choose a reading plan to do together
- Discuss the weekly sermon from church (if you miss it, listen to the podcast recording or watch it on YouTube)
- Be upfront about expectations. Clearly communicate your hopes for how long you'll meet and know that it's ok - and even good - to switch mentors after a season or 2 together!

Contact info:

Susan Elder	selder@comcast.net
Sierra Bolen	sk1336@messiah.edu
Melody Sullivan	melodysullivan29@gmail.com